

Building High Performance Teams

Course Code

SSBS145

Duration

1 Day

Format

Classroom | Virtual

Overview

A key skill for leaders, managers and team leads is the ability to build strong and positive teams. This essential skill set can develop and enhance team performance, productivity and job satisfaction. Using proven team management and motivational techniques, participants will learn how to energise and lift morale so that everyone can thrive in times of change and challenge.

This one-day programme will provide participants with the tools they need to become inspiring and positive team leaders. This programme is suitable for remote and hybrid teams.

The training methods employed will centre on developing a highly interactive environment where participants will learn through a combination of short presentations, interactive discussion, exercises and role-plays structured within a 'safe' learning environment. Feedback from the trainer will suggest strengths and development areas.

Objectives

On completion of this course individuals will have the skills and techniques essential to building strong and dynamic teams.

Content

Course Content

The 5 Stages of Team Development

Developing a team: From a group of individuals to a high performing team

Team Roles

- Behaviour in teams
- How to create positive dynamics

Diversity in Teams

- Finding and appreciating difference in teams

Who Should Attend

This course is suitable for leaders, managers and team leads. Whether you are in a team and looking to understand and enhance your contribution or you are actively managing people and wish to develop your team, this programme will bring you to a greater appreciation and understanding of the power of positive team performance.

Prerequisites

There are no prerequisites for this course.

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- A team culture of safety and collaboration
- Accountable Teams
- Building task ownership and accountability in a team
- Motivating Teams
- Modelling Appreciative Inquiry for teams that motivate each other